

Syllabus for Novitiate Course on Liturgy and Monastic Prayer

This content is designed to meet the needs of the novice(s) as required or needed. The very nature of this topic is first dependent on the lived experience of the novice in his own monastery and the customs practiced there. These elements stand individually and can be used in a graduated approach. As our communities and cultures change, we must become more sensitive to the diversity of backgrounds of our newcomers. Monasticism bridges both East and West, and the emphasis on Scripture connects us to other religions. Some of the resources listed may be better used by the novice master alone who can use them as a resource in the application of any given topic.

Topics:

- 1. Liturgy of the Hours**
- 2. Eucharist**
- 3. Liturgical Year**
- 4. Public Prayer, Private Prayer and Devotions**

1. Liturgy of the Hours

- a. Historical Development
- b. Stability in the Horarium
- c. Mindfulness at the Office
- d. Adaptations of the Liturgy of the Hours to the particular community

Field, Anne, O.S.B. "Directory for the Celebration of the Work of God." In *The Monastic Hours*, Collegeville, MN: Liturgical Press, 2000.

Mullen, Godfrey, O.S.B. "Praying with Hearts Expanded: Participation in the Liturgy of the Hours." Presentation from the T4 database.* www.wisdomconnectionst4.org.

Taft, Robert F. *The Liturgy of the Hours in East and West: The Origins of the Divine Office and Its Meaning for Today*. Collegeville, MN: Liturgical Press, 1993.

Weakland, Rembert, O.S.B. *Thesaurus Liturgiae Horarum Monasticae*. Rome, Italy, 1977.

2. Eucharist

- a. Historical Development
 - i. Jewish Roots
 - ii. Early Church
 - iii. Middle Ages
 - iv. Vatican II Reforms
- b. Theological Foundations and Interpretation
- c. Models of the Eucharist
- d. Eucharistic Controversies Past and Present
- e. Daily Eucharist in the Consecrated Life
- f. Eucharistic Adoration

- “General Instruction of the Roman Missal,” from *Roman Missal*, third edition.
- Driscoll, Jeremy, O.S.B. *What Happens at Mass*, revised edition. Chicago, IL: Liturgy Training Publications, 2011.
- Mullen, Godfrey, O.S.B. “My Sacrifice and Yours: Celebrating the Eucharist Together.” Presentation from the T4 database.* www.wisdomconnectionst4.org.
- Turner, Paul. *Whose Mass is it? : Why People Care So Much about the Catholic Liturgy*. Collegeville, MN: Liturgical Press, 2015.
- Bradshaw, Paul F. and Johnson, Maxwell E. *The Eucharistic Liturgies: Their Evolution and Interpretation*. Collegeville, MN: Liturgical Press, 2012
- Irwin, Kevin W. *Models of the Eucharist*. New York/Mahwah NJ: Paulist Press, 2005
- Foley, Edward. *From Age To Age: How Christians Have Celebrated the Eucharist*. Chicago, IL: Liturgy Training Publications, 1991

3. Liturgical Year

- a. Advent
- b. Christmas Season
- c. Lent and Triduum
- d. Easter Season
- e. Ordinary Time
- f. Calendar of the Saints

- Adam, Adolf. *The Liturgical Year: Its History and Its Meaning after the Reform of the Liturgy*. Collegeville, MN: Liturgical Press, 1990.
- Neuman, Matthias, O.S.B. “Vatican II’s Constitution on the Sacred Liturgy (*Sacrosanctum Concilium*).” Presentation from the T4 database.* www.wisdomconnectionst4.org.
- Noent, Adrien, O.S.B. *The Liturgical Year*. Collegeville, MN: Liturgical Press, 1977.
- Ordo for the Liturgy of the Hours and Mass in Churches and Oratories of the America-Cassinese Congregation O.S.B.
- Regan, Patrick, O.S.B. *Advent to Pentecost: Comparing the Seasons in the Ordinary and Extraordinary Forms of the Roman Rite*. Collegeville, MN: Liturgical Press, 2012.
- Paul VI, Pope. *Sacrosanctum Concilium*. 4 December 1963. [esp. paragraphs 102-111]
- “Universal Norms on the Liturgical Year,” from *Roman Missal*, third edition.
- Parsch, Pius. *The Church’s Year of Grace* (volumes 1-5). Collegeville, MN: Liturgical Press, 1953-1959. [A dated source, but still helpful for understanding Liturgical practices.]

4. Liturgical Prayer, Private Prayer and Devotions

- a. *Lectio Divina*
 - i. Models of Lectio Divina
 - ii. Resources for Lectio
- b. Devotionals
 - i. The Role of Devotions in Benedictine Life

- c. Liturgical Music and Art
 - i. Gregorian Chant
 - ii. Iconography
- d. Anthropology and Liturgy
- e. Cultural Diversity
 - i. Liturgy in Multi-Cultural Communities
- f. Ecumenism
 - i. Hospitality and the Lord's Table

Beauduin, Lambert, O.S.B. *Liturgy in the Life of the Church*, translated by Virgil Michel, O.S.B. Collegeville, MN: Liturgical Press, 1926.

Chapungo, Anscar J., O.S.B., editor. *Handbook for Liturgical Studies: Introduction to the Liturgy*. Collegeville, MN: Liturgical Press, 1997-2000.

Conference of American Benedictine Prioresses. *Upon This Tradition* (series I-IV). Erie, PA: Benet Press, 1975.

Congregation for Divine Worship and the Discipline of the Sacraments. *The Directory on Popular Piety and the Liturgy: Principles and Guidelines, A Commentary*, edited by Peter C. Phan. Collegeville, MN: Liturgical Press, 2005.

Donghi, Antonio. *Words and Gestures in the Liturgy*. translated by William McDonough, Dominic Serra, and Ted Bertagni. Collegeville, MN: Liturgical Press, 2010.

Gerhards, Albert, and Kranemann, Benedikt. *Introduction to the Study of Liturgy*, translated by Linda M. Maloney. Collegeville, MN: Liturgical Press, 2017.

Mitchell, Nathan. *Liturgy and the Social Sciences*. Collegeville, MN: Liturgical Press, 1999.

Ordo. [cited above; for using daily readings as a basis for *lectio*]

Paul VI, Pope. *Sacrosanctum Concilium*. 4 December 1963. [esp. paragraphs 5-13, 47-101]

Pennington, M. Basil and Luke Dysinger. *An Invitation to Centering Prayer*. Liguori, MO: Liguori, 2001.

Pieper, Josef. *In Tune with the World: A Theory of Festivity*. New York: Harcourt, Brace & World, 1965.

Pius XII, Pope. *Mediator Dei*. 20 November 1947.

Ruff, Anthony, O.S.B. *Sacred Music and Liturgical Reform: Treasures and Transformations*. Chicago, IL: Hillenbrand Books, 2007.

Troeger, Thomas H. *Music as Prayer: The Theology and Practice of Church Music*. New York: Oxford University Press, 2013.

Resources for the Novice Master:

Baldovin, John F., S.J. *Reforming the Liturgy: A Response to the Critics*. Collegeville, MN: Liturgical Press, 2008.

Gaillardetz, Richard R. *Transforming Our Days: Spirituality, Community, and Liturgy in a Technological Culture*. New York, Crossroad: 2000.

Pecklers, Keith F., S.J. *Worship: A Primer in Christian Ritual*. Collegeville, MN: Liturgical Press, 2003.

Worship periodical. JournalWorship.org.

* The *Wisdom Connections T4 Project* is a grant-funded video lecture series for Benedictine formation. It is currently for use in women's communities, but after 1 December 2017 the database will be opened to all Benedictine houses with T4 membership. Its homepage will be updated accordingly: www.wisdomconnectionst4.org.