

Some notes about the outline and bibliography that follow

1. The outline is a journey through monastic history from its beginnings up to and inclusive of the 19<sup>th</sup> century. The outline has been broken up into what seems to be reasonable portions.

2. The bibliography that follows each portion of the outline generally records books/articles which would be most helpful to the portion of the outline listed above. The bibliography does not pretend to be exhaustive. Further, some books listed in one section may be helpful in other sections of the outline though the book's title may not be recorded a second time.

3. The outline in its entirety would take about a year to complete provided that one met with the novice every weekday for an hour. Perhaps a rough schedule could look like the following:

Part I: Background for the Rise of Christian Monasticism may take three weeks provided that one emphasized the scriptural roots and the figure and teaching of Origen.

Part II: Pre-Benedictine Monasticism may take five to six weeks. One would need to emphasize Egyptian monasticism, St. Basil, Evagrius of Pontus, St. Augustine, St. Jerome, and John Cassian while taking less time on Palestinian and Syrian monasticism.

Part III: The Life and Rule of St. Benedict of Nursia may take three weeks.

Part IV: Section 1 may take three weeks emphasizing the Celtic form of monasticism as well as the missionaries whose work set the stage for the medieval world.

Part IV: Section 2 may take three weeks emphasizing Charlemagne and his associates made to the spread of the RB.

Part IV: Section 3 may take two weeks with its study of Cluny.

Part IV: Section 4 may take two weeks with its study of the Cistercian order.

Part IV: Section 5 may take a week.

Part IV: Section 6 may take at least three weeks with its study of the Protestant Reformation and the beginnings of new congregations.

Part IV: Section 7 may take four weeks to complete with a study of the Enlightenment, a study of what seems to be death of the monastic life, its revival, and the monastic life's entry to America.

All of the above would add up to 30 weeks. If one completed the outline in 30 weeks, then that would reflect serious study and effort. Not every novitiate, or novice master, or novice is built for such endurance. I would advise that one takes what one can from the outline and adapt it to one's needs and inclinations.

# Outline for an Introduction to the Tradition of Monastic Spirituality

## Introduction

1. The meaning of the terms
  - a. Introduction
  - b. Tradition
  - c. Spirituality
2. Monasticism as a Universal Phenomenon
  - a. Marginality, the basic sociological factor of Monasticism
  - b. Non-Christian and Christian monasticism
    1. Non-Christian monasticism: the Facts, the Structures, the Motivations
    2. Christian Monasticism
      - a. Motives influenced by other cultures or religions
      - b. Specifically Christian motives

## **Part I: Background for the Rise of Christian monasticism**

- A. Monastic currents outside of Judaeo-Christian Revelation
  1. Far Eastern Religions (especially Hinduism and Buddhism)
  2. The Greco-Roman World
    - a. The Pythagoreans
    - b. The Cynics
    - c. The Stoics
    - d. Neo-Platonism
  3. Persian Influences
- B. Monastic currents in Judaism
  1. The Essenes and Qumran
  2. The Therapeuts
- C. Scriptural Roots of Monasticism
  1. The Old Testament
  2. The New Testament
- D. Pre-Monastic Christian Asceticism
  1. Virginity and Ascetics in the 1<sup>st</sup> centuries
  2. Martyrdom
  3. Origen's Ascetical-Mystical teaching
  4. Rigorist and Unorthodox tendencies

## E. The immediate origins of Christian monasticism

Some suggested resources:

- Piefer, Claude. "Reclaiming the Monastic Tradition." *American Benedictine Review* 42:2 (June 1991): 202-211.
- Bouyer, Louis, *Introduction to Spirituality*, Translated by Mary Ryan Perkins. New York: Desclee, 1961, chaps. one and two.
- Endress, Richard. "The Monastery as a Liminal Community." *American Benedictine Review*, 26:2 (June 1975): 142-153.
- "Neo-Pythagoreanism", H.S. Long, *New Catholic Encyclopedia*, 2<sup>nd</sup> ed., 2003.
- "Essenes", John J. Collins, *Anchor Bible Dictionary*, vol.2, 1992, 619-626.
- Fitzmyer, Joseph. *Responses to One Hundred One questions on the Dead Sea Scrolls*. New York: Paulist Press, 1992.
- Desprez, Vincent. "Jewish Ascetical Groups at the time of Christ: Qumran and the Therapeuts," *American Benedictine Review* 41:3 (September 1990): 291-311.
- Piefer, Claude. "The Biblical Foundations of Monasticism." *Cistercian Studies* 1 (1966): 7-31.
- "Virginity" Ignace de la Potterie, *Dictionary of Biblical Theology*, ed. Xavier Leon-Dufour, Seabury Press, 1973, pp. 635-637.
- Ramsey, Boniface. *Beginning to Read the Fathers*. New York: Paulist Press, 1985, pp. 136-148.
- Clark, Elizabeth A. *Women in the Early Church*. Message of the Church Fathers. Wilmington, Del.: Michael Glazier, 1983, pp. 15-25.
- Brown, Peter. *The Body and Society*. Lectures on the History of Religions. New York: Columbia University Press, 1988, pp. 418-423.
- Becker, Ernest. *The Denial of Death*, New York: Free Press / London: Collier-Macmillan, 1973, pp. 163-165.
- Kardong, Terrence. "John Cassian's Teaching on Perfect Chastity", *American Benedictine Review* 30 (1979) pgs. 249-263.
- Russell, Kenneth. "Cassian on a Delicate Subject", *Cistercian Studies* 27 (1992) pgs. 1-12.
- Bouyer, Louis. *The Spirituality of the New Testament and the Fathers*, Translated by Mary Perkins Ryan. New York: Desclee Press, 1960, pp. 190-210.
- "Origen" Henri Crouzel, *New Catholic Encyclopedia*, 2<sup>nd</sup> ed., 2003,
- Crouzel, Henri. *Origen: The Life and Thought of the First Great Theologian*, Translated by A.S. Worrall, San Francisco, Calif.: Harper and Row, 1989, pgs. 87-149.
- von Balthasar, Hans. *Origen, Spirit and Fire: A Thematic Anthology of his Writings*, Washington, D.C.: Catholic University of America Press, 1984, pgs. 183-314.
- Danielou, Jean, *Origen*, Translated by Walter Mitchell. New York: Sheed & Ward, 1955, pp. 293-309.

## **PART II: Pre-Benedictine Christian Monasticism**

Introduction: Types of Monastic literature and major monastic themes

### Section 1: Monasticism in Egypt

#### A. The Anchorites and Semi-anchorites

1. An overview
2. St. Athanasius, Herald and Theologian of the Incipient Monasticism
3. Antony: Father and Model of Monks
4. The anchoritic and semi-anchoritic way of life
5. The Apophthegmata Patrum
6. The *Historia Monachorum in Aegypto*; *The Historia Lausiaca*
7. Aspects of desert spirituality

#### B. Pachomian Cenobitism

1. Introductory Material
  - a. Chronological tables
  - b. Genealogical table of Pachomius' Lives
  - c. The Geography of Pachomius' monasteries
2. The life and deeds of Pachomius
  - a. Summary of Principal Facts and dates
  - b. The Biographies of Pachomius
  - c. Pachomius: The man and his deeds
3. The Rule of Pachomius
  - a. Precepts
  - b. Precepts and Institutes
  - c. Precepts and Judgments
  - d. Precepts and Laws
4. The Institutions of the Pachomian Koinonia
  - a. The normative texts: The Rules
  - b. The development and extent of observances
  - c. Activities of the Koinonia
  - d. Scripture in the life of the Koinonia
5. Pachomian spirituality

- a. The Community Ideal
- b. Life under the Rule
- c. Leadership and Responsibility
- d. The ascetic goal

Some suggested resources:

Ramsey, Boniface. *Beginning to Read the Fathers*. New York: Paulist Press, 1985, pp. 161-163.

Chitty, Derwas. *The Desert a City*. Oxford: Blackwell, 1966, pp. 2-6.

Desprez, Vincent. "Saint Anthony and the Beginnings of Anchoritism," *American Benedictine Review* 43:1 (March 1992) pgs. 66-81.

McGuire, Brian. *Friendship and Community: The Monastic Experience 350-1250*. Cistercian Studies. Cistercian Publications: Kalamazoo, MI, 1988, pgs. pp.7-12.

Robert E. Gregg's Introduction to his translation of *The Life of Anthony and the Letter to Marcellinus*, The Classics of Western Spirituality. New York: Paulist Press, 1980, pgs. 6-10.

Bouyer, Louis. *The Spirituality of the New Testament and the Fathers*, Translated by Mary Ryan Perkins. New York: Desclee Press, 1960, pgs. 311-313.

"The Desert Fathers, Antony and Pachomius" by Philip Rousseau in *The Study of Spirituality* (ed. Jones, Wainwright, Yarnold), New York: Oxford University Press, 1986, pgs. 125-128.

Brown, Peter. *The Making of Late Antiquity*. The Carl Newell Jackson Lectures. Cambridge, Mass.: Harvard University Press, 1978, pgs. 89-91.

Harmless, William. *Desert Christian: An Introduction to the literature of Early Monasticism*. Oxford / New York: Oxford University Press, 2004.

Dunn, Marilyn. *The Emergence of Monasticism: from the Desert Fathers to the Early Middle Ages*. Malden, MA: Blackwell Publishers, 2003.

Ward, Benedicta. *The Desert Christian: The Sayings of the Desert Fathers (The Alphabetical Collection)*. New York: Macmillan Publishing, 1975, pgs. xvi-xxv.

Stewart, Columba. *The World of the Desert Fathers: Stories and Sayings form the Anonymous Series of the Apophthegmata Patrum*. Oxford: SLG Press, 1986.

Ward, Benedicta. *The Wisdom of the Desert Fathers: the Apophthegmata Patrum (the Anonymous Series)*. Oxford: SLG Pres, 1975.

Donahue, Cecil. "The 'Agape' of the Hermits of Scete," *Studia Monastica* 1 (1959) 97-114.

Leloir, Louis. "The Message of the Desert Fathers: Then and Now," *American Benedictine Review* 40:3 (September 1989) pgs. 221-249.

Louf, Andre. "Spiritual Fatherhood in the Literature of the Desert," in *Abba: Guide to Wholeness and Holiness*

*East and West*, Cistercian Studies. ed. John R. Somerfeldt. Cistercian Publications: Kalamazoo, MI, 1982, pgs. 37-63.

Stewart, Columba. "The Portrayal of Women in the Sayings and Stories of the Desert," *Vox Benedictina* 2 (1985) 5-23.

Taft, Robert. "Praise in the Desert: The Coptic Monastic Office Yesterday and Today," *Worship* 56 (1982) 513-536.

Brown, Peter. *The Body and Society*, Lectures on the History of Religions. New York: Columbia University Press, 1988, pgs. 217-239.

Veilleux, Armand. "Monasticism and Gnosis in Egypt," in *The Roots of Egyptian Christianity*, Studies in Antiquity and Christianity, ed. B.A. Pearson and J.E. Goehring. Philadelphia, PA: Fortress Press, 1986, pgs.273-277.

Veilleux, Armand. *Pachomian Koinoinia*, Cistercian Studies. Cistercian Publications: Kalamazoo, MI, 1980-1981.

Desprez, Vincent. "Pacomian Cenobitism: I & II," *American Benedictine Review* 43:3 & 43:4 (September 1992 & December 1992), pgs. 233-249; 358-395.

Rousseau, Philip. *Pachomius: The Making of a Community in Fourth-Century Egypt*, The Transformation of the Classical Heritage. Berkeley, CA: University of California Press, 1999.

## **PART II: Pre-Benedictine Christian Monasticism, continued**

### Section 2: Palestinian Monasticism

### Section 3: Syriac Monasticism

### Section 4: Cappadocian Monasticism

#### A. Basil the Great

1. Background: Place, Family, Chronology of his life
2. Basil's monastic teaching and practice
3. Basil's ascetical and monastic writings
4. Some aspects of Basil's spiritual teaching

#### B. Evagrius of Pontus

1. His life and writings
2. Evagrius' "System": The Nature and stages of the spiritual life
3. Aspects of Evagrius' Spiritual teaching
  - a. Logismoi
  - b. Apatheia
  - c. Acedia

Some suggested resources:

Chitty, Derwas. *The Desert a City*. Oxford: Blackwell, 1966, pgs. 13-90.

Hirschfeld, Yizhar. *The Judean Desert Monasteries in the Byzantine Period*. New Haven, Conn.: Yale University Press, 1992.

Hirschfeld, Yizhar. "Spirituality in the Desert: Judean Wilderness Monasteries," *Biblical Archeological Review* 21 (1995) 5, pgs. 28-37.

Magen, Yitzak. "Martyrius – Lavish Living for Monks," *Biblical Archeological Review* 21 (1995) 5, pgs. 38-49.

McCullough, W.S. "The Early History of Asceticism and Monasticism in Syria" from *A Short History of Syriac Christianity to the Rise of Islam*, Scholars Press General Series. Chico, Calif.: Scholars Press, 1982, pgs. 68-78.

Bondi, Roberta. "The Spirituality of Syriac-speaking Christians," from *Christian Spirituality: Origins to 12<sup>th</sup> century*, ed. Bernard McGinn, J. Meyendorf, J. Leclercq, New York: Crossroad Publishing, 1987.

Kelly, J.N.D. *Golden Mouth: The Story of John Chrysostom*. Grand Rapids, Mich.: Baker Books, 1998.

Brock, Sebastian and Susan Harvey. *Holy Women of the Syrian Orient*, The Transformation of the Classical Heritage. Berkeley, Calif.: University of California Press, 1987.

Kardong, Terrence. *Pillars of Community: Four Rules of Pre-Benedictine Monastic Life*. Collegeville, MN: Liturgical Press, 2010, pgs. 2-14.

"St. Basil" and "Basilian Monasticism" Jean Gribomont. *The New Catholic Encyclopedia* 2<sup>nd</sup> ed., 2003.

Holmes, Augustine. *A Life Pleasing to God: the Spirituality of the Rules of St. Basil*. Kalamazoo, MI: Cistercian Publications, 2000.

Rousseau, Philip. *Basil of Caesarea*, The transformation of the classical heritage. Berkeley, Calif.: University of

- California Press, 1994.
- Silvas, Anna. *The Rule of St. Basil in Latin and English: A revised critical edition*. Collegeville, MN: Liturgical Press, 2013.
- Silvas, Anna. *The Asketicon of St. Basil the Great*, Oxford early Christian Studies. Oxford: Oxford University Press, 2005.
- Elm, Susanna. *Virgins of God: The Making of asceticism of in late antiquity*. Oxford classical monographs. Oxford: Clarendon Press, 1996.
- Brown, Peter. *The Body and Society*, Lectures on the History of Religions. New York: Columbia University Press, 1988, chapter 14.
- de Vogue, Adalbert. "The Greater Rules of Saint Basil – A Survey," *Word & Spirit* 1 (1979) pgs. 49-85.
- Bamberger, John Eudes. "Introduction" to his translation of *Evagrius' The Praktikos and Chapters on Prayer*. Spencer Mass.: Cistercian Publications, 1972, pgs. xxxv-xlvi, lix-lxv; lxix-lxx, lxxxii.
- Bamberger, John Eudes. "Desert Calm" *Cistercian Studies* 27 (1992) pgs. 185-198.
- O'Laughlin, Michael. "The Bible, the Demons, and the Desert: Evaluating the *Antirrheticus* of Evagrius Ponticus," *Studia Monastica* (1992), pgs. 201-215.
- Tugwell, Simon. *Ways of Imperfection*. Springfield, Ill.: Templegate Publishing, 1985, pgs. 25-32.
- Ware, Kallistos. *The Orthodox Way*, Crestwood, NJ: St. Vladimir Press, 1986, pgs. 156-163.
- Driscoll, Jeremy. "Listlessness in the *Mirror for Monks* of Evagrius Ponticus," *Cistercian Studies* 24 (1989) 206-214.

## **Section 5: Western monasticism (North Africa, Italy, Gaul)**

### A. North Africa: Augustine

1. Geography, Chronology
2. Augustine's Personal Monastic Experience
3. The "Rule" of St. Augustine: Background and Text
4. Augustine's monastic spirituality

### B. Italy

1. Origins
2. Augustine, Ambrose, Eusebius of Vercelli, Paulinus of Nola
3. St. Jerome
4. Rufinus
5. Opposition to the monastic movement

### C. Gaul

1. Early Christian Gaul

2. Martin of Tours; Sulpicius Severus
3. Lerins
4. John Cassian
  - a. Gaul in Cassian's time
  - b. Cassian's life and writings
  - c. Cassian's view of the Monastic life
  - d. Cassian's *Institutes*
  - e. Cassian's *Conferences*

#### D. Cenobitic Rules of the West

Some suggested resources:

- Lawless, George. *Augustine of Hippo and his Monastic Rule*. Oxford / New York: Oxford University Press / Clarendon Press, 1987.
- Van Bavel, T.J. "The Evangelical Inspiration of the Rule of St. Augustine", *The Downside Review* 93 (1975) pgs. 83-99.
- McNamara, Sr. M. Aquinas. *Friends and Friendship for Saint Augustine*. Staten Island, NY: Alba House, 1964, pgs. 232-235.
- Desprez, Vincent. "The Origins of Western Monasticism," *American Benedictine Review* 41:1 (March 1990) pgs. 99-112.
- Lienhard, Joseph T. *Paulinus of Nola and Early Western Monasticism*. Koln-Bonn: Peter Hanstein, 1977.
- Kelly, J.N.D. *Jerome: His life, writings, and controversies*. New York: Harper & Row, 1975.
- Stancliffe, Clare. *St. Martin and his Hagiographer*, Oxford historical monographs. Oxford: Oxford University Press, 1983, pg. 311.
- Stewart, Columba. *Cassian the Monk*. Oxford: Oxford University Press, 1998.
- Cassian, John. *The Conferences*, Translated by Boniface Ramsey. Ancient Christian writers: The works of the Fathers in translation. New York: Paulist Press, 1997.
- Cassian, John. *The Institutes*, Translated by Boniface Ramsey. Ancient Christian writers: The works of the Fathers in translation. New York: Newman Press, 2000.
- Kardong, Terrence. *Pillars of Community: Four Rules of Pre-Benedictine Monastic Life*. Collegeville, MN: Liturgical Press, 2010, pgs. 191-238.

## **PART III: The Life and Rule of St. Benedict of Nursia**

### A. Introduction

1. The 6<sup>th</sup> century: Political, Social and Ecclesiological Background
2. Benedict and his Rule: State of the Question

### B. Benedict of Nursia

1. Biographical details in Gregory the Great *Dialogues*
2. Gregory's Spiritual portrait of Benedict
3. Recent controversy about the authenticity of the *Dialogues*

### C. The Rule of Benedict

1. The historical context of the RB
2. Relationship of the RB to the *Regula Magistri (RM)*
3. The Content of the RB
4. The language of the RB
5. Text and editions of the RB
6. An overview of the RB and its place in Monastic History

Some suggested resources:

- Peifer, Claude. "The Rule of St. Benedict" in *RB 80*, ed. Timothy Fry and Imogene Baker. Collegeville, Minn.: Liturgical Press, 1981, pgs. 65-73.
- Peifer, Claude. "The Rule of St. Benedict" in *RB 80*, ed. Timothy Fry and Imogene Baker. Collegeville, Minn.: Liturgical Press, 1981, pgs. 73-79.
- de Vogue, Adalbert. *Gregory the Great: The Life of Saint Benedict*. Translated by Harry Cotello. Petersham, Mass.: St. Bede's Publications, 1993,
- Clark, Francis. *The Pseudo-Gregorian Dialogues*, vols. 1 & 2. Studies in the history of Christian Thought. Leiden: E.J. Brill, 1987.
- Peifer, Claude. "The Rule of St. Benedict" in *RB 80*, ed. Timothy Fry and Imogene Baker. Collegeville, Minn.: Liturgical Press, 1981, pgs. 84-90.
- Eberle, Luke. *The Rule of the Master*. Cistercian Studies. Kalamazoo, Mich.: Cistercian Publications, 1977, pgs. 7-8; 61-65.
- Peifer, Claude. "The Rule of St. Benedict" in *RB 80*, ed. Timothy Fry and Imogene Baker. Collegeville, Minn.: Liturgical Press, 1981, pgs. 79-83.
- Sheridan, Mark. "The Rule of St. Benedict and the Rule of the Master," Appendix 7 in *RB 80*, ed. Timothy Fry and Imogene Baker. Collegeville, Minn.: Liturgical Press, 1981, pgs. 478-488.
- Peifer, Claude. "The Rule of St. Benedict" in *RB 80*, ed. Timothy Fry and Imogene Baker. Collegeville, Minn.: Liturgical Press, 1981, pgs. 90-96.
- Peifer, Claude. "The Rule of St. Benedict" in *RB 80*, ed. Timothy Fry and Imogene Baker. Collegeville, Minn.: Liturgical Press, 1981, pgs. 96-102.
- Peifer, Claude. "The Rule of St. Benedict" in *RB 80*, ed. Timothy Fry and Imogene Baker. Collegeville, Minn.: Liturgical Press, 1981, pgs. 102-112
- de Vogue, Adalbert. "The Rule of Saint Benedict." *Cistercian Studies* 12 (1977): 243-249.
- Keating, Thomas. "The Two Streams of Cenobitic Tradition in the Rule of St. Benedict." *Cistercian Studies* 11 (1976) 257-268.
- Lienhard, Joseph. "The Study of the Sources of the *Regula Benedicti*: History and Method", *American Benedictine Review* 31:1 (1980): 20-38.
- Evans, G.R. *The Thought of Gregory the Great*. Cambridge: Cambridge University Press, 1986.
- Kardong, Terrence. "A New Look at Gregory's *Dialogues*", *American Benedictine Review* 36:1 (1985): 44-63.
- Frank, Karl Suso. "Asceticism and Style: The Example of the *Rule of the Master*", *American Benedictine Review* 31:1 (1980): 88-107.
- de Vogue, Adalbert. "Benedict, Model of the Spiritual Life according to the Second Book of the Dialogues of St. Gregory", *Word and Spirit* 2 (1980): 59-72.

## Part IV: From St. Benedict of Nursia to the 19<sup>th</sup> century

### Section 1: From St. Benedict of Nursia (d. ca 550) to St. Benedict of Aniane (b. ca 750)

#### A. Celtic Monasticism and Celtic Monastic Missions

1. Introduction
2. Celtic Christianity
3. Celtic Monasticism and Columbanus' Mission to Gaul
4. Monasteries founded under Celtic influence (590-680)
5. Columbanus' *Regula Monachorum*

#### B. Monasticism in 7<sup>th</sup> – 8<sup>th</sup> century England

1. The conversion of England: Major persons, places and times
2. 7<sup>th</sup> – 8<sup>th</sup> century monasticism: A spotlight on Bede and Jarrow

#### C. Monastic missions in Germany

1. The Irish influence: Noteworthy persons, places, times
2. The Anglo-Saxon Missions: Willibrord, Boniface and their collaborators

#### D. Monastic movements elsewhere (550 to 750)

1. Italy: Rome, Bobbio, Lombard monasteries, Farfa, Monte Cassino
2. Spain: Historical Background; Major Monastic figures and Rules
3. Crisis and Reform in the Frankish Kingdom

#### E. Diffusion of the RB between 550 and 750

1. Italy
2. Gaul
3. England
4. Germany

Some suggested resources:

- King, Peter M.A. *Western Monasticism: A History of the monastic movement in the Latin Church*. Cistercian Studies. Kalamazoo, Mich.: Cistercian Publications, 1999.
- Melville, Gert. *The World of Medieval Monasticism: Its history and forms of life*. Cistercian Studies. Athens, Ohio & Collegeville, Minn.: Cistercian Publications & Liturgical Press, 2016.
- Riche, Pierre. *The Carolingians* Middle Ages series. Philadelphia, PA: University of Pennsylvania Press, 1993: pgs. 1-7; 53-58.
- “Celtic Christianity” J.F. Kelly. *Encyclopedia of Early Christianity* 2<sup>nd</sup> ed., pgs. 229-231, 1997.
- “Celtic Church”. Padraig P. O’Neill. *Dictionary of the Middle Ages*, vol. 3, pg. 227, 1983.
- Kardong, Terrence. *Saint Columban: His Life, Rule, and Legacy*. Cistercian Studies. Collegeville, Minn.: Liturgical Press, 2017.
- O’Loughlin, Thomas. *Celtic Theology: Humanity, World and God in Early Irish Writings*. London & New York: Continuum, 2000.
- de Paor, Liam. *Saint Patrick’s World: The Christian Culture of Ireland’s Apostolic Age*. Notre Dame & London: University of Notre Dame Press, 1993; 1996.
- Harrington, Christina. *Women in a Celtic Church: Ireland 450-1150*. Oxford: Oxford University Press, 2002.
- O Croinin, Daibhi. *Early Medieval Ireland 400-1200*. Longman History of Ireland. Edited by Stephen G. Ellis. London & New York: Longman, 1995.
- Marnel, William H. *Light from the West: The Irish mission and the emergence of modern Europe*. New York: Seabury Press, 1978, pgs. 29-31; 79; 84; 171-172; 187-189.
- Peifer, Claude. “The Rule in History” in *RB 80*, ed. Timothy Fry and Imogene Baker. Collegeville, Minn.: Liturgical Press, 1981, pgs. 114-117.
- “Benedict Biscop” B. Colgrave, *New Catholic Encyclopedia*, 2<sup>nd</sup> ed., 2003.
- “St. Bede.” C.J. Donahue, *New Catholic Encyclopedia*, 2<sup>nd</sup> ed. 2003.
- Knowles, David. *Saints and Scholars: Twenty-five medieval portraits*. Cambridge Eng.: Cambridge University Press, 1962, pgs. 12-18.
- Peifer, Claude. “The Rule in History” in *RB 80*, ed. Timothy Fry and Imogene Baker. Collegeville, Minn.: Liturgical Press, 1981, pgs. 113-120.

## **Part IV: From St. Benedict of Nursia to the 19<sup>th</sup> century, continued**

### **Section 2: 750-900: Monastic problems, Carolingian Reforms, Monastic Decline**

#### **A. Background on Carolingian rulers and reforms**

1. Charlemagne
2. Alcuin of York (Tours)
3. The need for reform
4. Civil and Ecclesiastical reform
5. Renewal of Studies

#### **B. Carolingian Monasticism**

1. Monasticism and the royal power
2. The Physical and human setting: population and buildings

#### **C. Reform under Benedict of Aniane**

1. The life of Benedict of Aniane
2. The role of the RB in Carolingian reform

#### **D. Factors influencing monastic decline**

1. Invasions by Norsemen
2. Warfare and natural disasters
3. Breakdown of the Carolingian empire; land ownership, selection of abbots

#### **E. Spread of Christianity to the North and East**

Some suggested resources:

“Charlemagne” Patrick Geary. *Dictionary of the Middle Ages*, vol. 3, pgs, 268-269, 1983.

Barbero, Alessandro. *Charlemagne: Father of a Continent*. Berkeley, CA: University of California Press, 2004.

Wilson, Derek. *Charlemagne*. New York: Doubleday, 2006.

Duckett, Eleanor Shipley. *Carolingian Portraits: A study in the Ninth Century*. Ann Arbor, Mich.: University of Michigan Press, 1962.

“Alcuin” C.P. Loughran *New Catholic Encyclopedia* 2<sup>nd</sup> ed., 2003.

“Carolingian Reform” R.E. Sullivan. *The New Catholic Encyclopedia* 2<sup>nd</sup> ed., 2003.

“Carolingian Renaissance” C.M. Aherne. *The New Catholic Encyclopedia* 2<sup>nd</sup> ed., 2003.

Riche, Pierre. *Daily Life in the World of Charlemagne*, Philadelphia, PA: University of Pennsylvania Press, 2<sup>nd</sup> ed. rev., 1988, pgs. 35-40; 48-49; 78-79; 84-88; 254-256.

“Benedict of Aniane” S. Hilpisch. *The New Catholic Encyclopedia* 2<sup>nd</sup> ed., 2003.

Peifer, Claude. “The Rule in History” in *RB 80*, ed. Timothy Fry and Imogene Baker. Collegeville, Minn.: Liturgical Press, 1981, pgs. 121-125.

Daly, Lowrie J. *Benedictine Monasticism: Its formation and development through the 12<sup>th</sup> century*. New York: Sheed & Ward, 1965, pgs. 127-134; 148-151.

McNamara, Jo Ann Kay. *Sisters in Arms: Catholic Nuns through Two Millennia*. Cambridge, MA: Harvard University Press, 1996.

Constable, Giles. *Medieval Monasticism: A Select Bibliography*. Toronto: University of Toronto Press, 1976.

Vaucher, Andre. *The Spirituality of the Medieval West: The Eighth to the Twelfth Century*. Translated by Colette Friedlander. Cistercian Studies. Kalamazoo, Mich.: Cistercian Publications, 1993.

Southern, Richard W. *Western Society and the Church in the Middle Ages*. The Penguin History of the Church 2. Harmondsworth: Penguin Books, 1990.

Venarde, Bruce. *Women’s Monasticism and Medieval Society; Nunneries in France and England, 890-1215*. Ithaca, NY: Cornell University Press, 1997.

## **Part IV: From St. Benedict of Nursia to the 19<sup>th</sup> century, continued**

### **Section 3: 900 to 1100 – Cluny and other reform movements**

#### A. The history of the Cluniac order

1. Its origins, organization, development and influence
2. Liturgy and spirituality at Cluny
3. Cluny's Five greatest abbots

#### B. Other reform movements

1. An overview
2. Reforms in France: Brogne, Gorze, Dijon, Bec
3. Reform in Italy: Cava
4. England: Dunstan and the *Regula Concordia*

#### C. Hermitical tendencies

1. The Camaldolese
2. Fonte Avellana & Peter Damian
3. The Vallombrosians
4. The Carthusians
5. The Grandmontines

## Some suggested resources

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## **Part IV: From St. Benedict of Nursia to the 19<sup>th</sup> century, continued**

### **Section 4: 1100 to 1300 – The Cistercians and other reform movements**

#### **A. The Cistercian Order**

1. Origins, Ideals and Observances
2. The Cistercian Reform and the RB
3. Early official Cistercian documents
4. Cistercian expansion
5. Some outstanding figures: Bernard of Clairvaux, William of St.-Thierry, Aelred of Rievaulx

#### **B. Other 12<sup>th</sup>-13<sup>th</sup> century reform movements**

1. Fontevault
2. The Norbertines (Premontre)
3. The Sylvestrians
4. The Celestines
5. A new approach: The Mendicants (Dominicans, Franciscans)

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## **Part IV: From St. Benedict of Nursia to the 19<sup>th</sup> century, continued**

### **Section 5: 1300 to 1500 – Decline, Decay, and Reform**

#### **A. External factors influencing monasticism**

1. New intellectual and spiritual currents
2. The Avignon Papacy
3. Wars
4. The Black Death
5. The Great Western Schism
6. The system of commendatory abbots

#### **B. Internal factors**

1. Decrease of austerity
2. Abandonment of fully communal life
3. Breakdown of abbot-monk relationship

#### **C. Some significant reform movements**

1. Italy
  - a. The Olivetans
  - b. The Congregation of St. Justina of Padua and its influence
2. The Kastl, Melk and Bursfeld reforms and their influence

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## **Part IV: From St. Benedict of Nursia to the 19<sup>th</sup> century, continued**

### **Section 6: 1500 to 1700 – Reformation and Counter-reformation – Collapse and Recovery**

#### **A. The world and church in the 16<sup>th</sup> – 17<sup>th</sup> centuries**

1. Exploring a new world
2. The discoveries of science
3. Philosophical explorations
4. New worlds of art and Literature
5. New orders, renewed sanctity in the church
6. New versions of Christianity: Old and New in conflict
  - a. The Protestant Reformation
  - b. The Catholic Counter-Reformation
  - c. The Thirty-Year's War
7. Spread of new communications media: printing

#### **B. Monasticism in the 16<sup>th</sup> – 17<sup>th</sup> centuries**

1. Monasticism around 1500; Protestant objections to it
2. The Mass suppression of monasteries
3. Post-Tridentine survivals and new congregations
  - a. The work of the Council of Trent
  - b. An overview of the new congregations
  - c. Two types of congregations: Centralized and Federated
  - d. New Congregations: St. Vanne and the Maurists
  - e. Some great monk scholars and writers: A Baker, J. Mabillon, B. de Montfaucon
  - f. Internal life of the new congregations
  - g. Cistercian reform: The Trappists
  - h. Benedictines in the new world

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## Part IV: From St. Benedict of Nursia to the 19<sup>th</sup> century, continued

### Section 7: 1700 to 1900 – The Knock-Out Punch and the Come-Back Kid

#### I. The Knock-out Punch

##### A. The Challenger: A Powerful Zeitgeist – The Enlightenment and Rationalism

1. Welcome to the Goddess Reason
2. Farewell to old images of God
3. Flashes from the Siècle des Lumières (Century of Light)

##### B. A preview bout: Josephinism

##### C. The Battle Royal

1. In this corner: Monasticism
2. The Ten Rounds at a Glance
3. The Bloody blows of the Enlightenment
4. Punches, Punches, Everywhere
5. Knocked out

#### II. The Come-back kid

##### A. An overview of the stages of revival

##### B. The Context: Remarkable spiritual renewal in the 19<sup>th</sup> century

##### C. New life, new congregations

1. Early signs of Revival: The Hungarian, English and Brazilian Congregations
2. The Solesmes Congregation
3. Restoration of Metten and the Bavarian Congregation
4. The rise of the American-Cassinese Congregation
5. Foundation of the Subiaco Congregation
6. Foundation of the Beuronese Congregation
7. Foundation of the Swiss-American Congregation
8. A congregation for the missions: St. Ottilien
9. Establishment of the Benedictine Confederation
10. Brief summary of the 19<sup>th</sup> century monastic recovery

##### D. Cistercian Reform and Growth

Some suggested resources:

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